



AMAWATERWAYS™

LEADING THE WAY IN RIVER CRUISING



# WELCOME ABOARD

TIPS YOU NEED TO KNOW  
BEFORE YOUR CRUISE



*Angkor Wat - Siem Reap, Cambodia*

*Dear Traveler,*

Thank you for choosing AmaWaterways. The Mekong River winds its way through the rainforests, plains and rice fields of five Southeast Asian countries. The beauty, unique character and cultural heritage of this legendary river have made it a source of fascination for millions of people for centuries.

This booklet contains some practical information to help you prepare for your trip. We encourage you to read it carefully and bring it with you as a handy reference. Please keep in mind that there may be unavoidable circumstances that require last minute changes to your itinerary - fortunately, we've learned that such deviations often result in unexpected discoveries and serendipitous encounters.

Your Mekong river cruise itinerary has been meticulously designed to ensure that you have the most memorable vacation possible in Vietnam & Cambodia. We hope you enjoy your journey as much as we enjoyed putting it together. Have a fantastic cruise!

Rudi Schreiner  
President



## TABLE OF CONTENTS

Preparing for Your Trip . . . . .	3
Travel Essentials . . . . .	5
Health Considerations . . . . .	7
Money Matters . . . . .	8
Travel Arrangements . . . . .	9
Transfers. . . . .	9
Airport Information . . . . .	10
Land Programs . . . . .	14
Hotel Contact Information . . . . .	14
Cruise Embarkation / Disembarkation . . . . .	15
On Board Your Cruise . . . . .	16
Stateroom Information. . . . .	17
Onboard Facilities . . . . .	18
Shore Excursions . . . . .	19
Food & Drink . . . . .	20
Safety Precautions . . . . .	20
AmaWaterways School Project in Cambodia . . . . .	21
Contact Information . . . . .	22
Emergency Contact Information . . . . .	22
Docking Locations . . . . .	23
Did You Know...? . . . . .	23
Temperature Conversion/Helpful Metric Conversions . . . . .	24

# PREPARING FOR YOUR TRIP

## Passports & Visas

Your passport must be valid for at least six months after your return home. It is your responsibility to ensure that your passport is valid and contains all required visas.

North American citizens will need visas to enter Vietnam and Cambodia. Passengers with a Cruise & Land itinerary must obtain a multiple entry visa for Vietnam (as there are two different points of entry into the country) and a single entry visa for Cambodia. Passengers with a Cruise Only itinerary require a single entry visa for both countries.

The visa for Vietnam should be obtained from your home country's Vietnamese Consulate prior to departure.

The visa for Cambodia can be obtained either prior to departure from your home country's Cambodian Consulate or upon arrival at the international airport in either Siem Reap or Phnom Penh. Please note that the Cambodian government does not accept e-visas for visitors entering from Vietnam by river cruise ship.

NOTE: If you plan to purchase a visa upon entry to Cambodia, please bring an extra passport photo and adequate cash in U.S. dollars (approximately \$40 at time of printing).

Citizens of other countries should consult the appropriate consulates in their home country to determine if any visas are required.

We recommend that you photocopy certain pages of your passport (photo ID page and visa pages), as well as your airline tickets and driver's license and/or birth certificate. This will greatly expedite the replacement of any lost documents. Be sure to keep the originals separate from the copies. You can also scan these documents and email them to yourself as attachments. Please remember to fill out the "emergency next of kin" section in your passport (in pencil).

## Travel Protection

If you purchased travel protection insurance, please make sure to write down important information such as the insurance company's telephone number and your policy number.



## Baggage

Airlines have become very strict about the size and weight of baggage and carry-on luggage. Please check your airline's website to confirm specific allowances prior to your departure. Most airlines allow one piece of checked baggage and one carry-on per person. General guidelines:

- International air passengers: Each checked bag should measure less than 62 inches total (157 cm) and weigh less than 50 lbs. (22.7 kg).
- Cruise & Land program passengers: Checked bag(s) cannot exceed a total of 44 lbs. (20 kg), due to inter-Asia flight restrictions.
- All passengers: Your carry-on bag should not exceed 22"x 14"x 9" and must weigh less than 15 lbs. (7 kg).

NOTE: Airlines may impose fees for excess baggage and/or require you to remove articles and put them in another bag if weight/size limits are exceeded. AmaWaterways is not responsible for any additional fees imposed by airlines. Also, storage space may be limited on board your ship and/or motorcoaches/tender boats, and porters may refuse to carry heavy, oversized suitcases. For these reasons, we recommend bringing only one suitcase and one carry-on bag per person.

It is a good idea to place your itinerary and contact information inside your checked bag, just in case it goes temporarily astray.

## Mobile Phones

Please contact your service provider for information on overseas usage. Your phone will need to be set up for international roaming.

## Health & Well-Being

All North American residents should consult the latest vaccine recommendations issued by the Centers for Disease Control (CDC). Visit [www.cdc.gov](http://www.cdc.gov) or call 1-800-232-4636 (toll free in the U.S.). Residents of other countries should contact the appropriate government agency in their home country to determine what, if any, vaccinations are recommended.

Depending on your health history, your physician may also recommend malaria pills or certain booster shots, such as tetanus and/or Hepatitis A and B. Anti-diarrhea medicine may also be advised, in case you are sensitive to certain spices or unfamiliar ingredients commonly used in Southeast Asia.

You should be as fit and healthy as possible before starting on your journey, and have enough physical stamina to go on shore excursions and sightseeing tours.

## Making the Most of Your Trip

Experienced travelers know how to be flexible. The more you can adapt to constantly changing conditions, the less stressed you'll be and the more you will enjoy your journey. This is especially true when traveling in third-world countries such as Vietnam and Cambodia. Being friendly and open-minded will make things more enjoyable for everyone. No matter where you go in the world, a warm smile is always welcome!

# TRAVEL ESSENTIALS

## What to Pack

It is always advisable to travel light in Southeast Asia, so “if in doubt, leave it out.” Vietnam and Cambodia are tropical countries with hot and humid weather. Bring lightweight easy-care clothing that includes some long-sleeved items for protection from mosquitoes and sun, raingear, and sturdy and comfortable walking shoes that you won’t mind getting wet or muddy. You might also pack a few smart casual items to wear at the Welcome and Farewell dinners.

Other recommended items:

- Shorts and/or long cotton pants
- T-shirts and long-sleeved cotton shirts
- Sweater, sweatshirt, or warm wrap for chilly nights
- Bathing suit, cover-up and flip flops
- Small flashlight
- Camera equipment and extra batteries/accessories
- Converter and electrical adapter (220v)
- Travel-sized deodorant, toothpaste, disinfectant wipes, insect repellent, etc.
- Prescription medications in original containers (to be packed in carry-on bag, not checked luggage)
- Small first aid kit with aspirin, antibacterial cream, etc.
- Feminine products and cosmetics
- Hat with brim, sunscreen, lip balm, sunglasses
- Money belt or other secure place to keep passport and cash
- Day pack large enough to hold camera, binoculars, etc.
- Photocopies of your passport and other important documents

## Security Regulations

Current security regulations require that all liquid items in your carry-on bag be no larger than 3 oz. and contained in a clear quart-sized plastic bag.

## Learn About Your Destination

It may be helpful to do some reading up on the locations you plan to visit. You might wish to learn a few key words and phrases too, especially if you plan to do any exploring on your own.



## Average Temperatures

	HANOI Hi/Lo °F	HO CHI MINH CITY Hi/Lo °F	SIEM REAP Hi/Lo °F	PHNOM PENH
January	66 / 57	89 / 70	90 / 68	88 / 71
February	68 / 59	91 / 73	92 / 69	91 / 72
March	73 / 65	93 / 76	94 / 79	93 / 74
April	81 / 71	94 / 78	96 / 77	95 / 76
May	89 / 76	93 / 77	95 / 77	93 / 76
June	91 / 78	90 / 76	92 / 77	91 / 76
July	92 / 79	90 / 76	91 / 77	90 / 76
August	89 / 78	89 / 76	90 / 77	90 / 76
September	88 / 77	88 / 76	90 / 76	88 / 76
October	84 / 71	88 / 75	88 / 75	87 / 76
November	77 / 65	88 / 73	88 / 72	86 / 74
December	71 / 60	87 / 71	87 / 69	86 / 71

To get the current weather conditions, log on to [www.weather.com](http://www.weather.com)

### Time Zone

Vietnam and Cambodia: UTC\*/GMT + 7 hours

These countries do not observe Daylight Savings Time

\*UTC = Coordinated Universal Time

# HEALTH CONSIDERATIONS

## Physical Limitations

Our land programs and shore excursions in Vietnam and Cambodia require a moderate-to-challenging amount of walking. Streets, temple complexes, landing stages, and other sites may have steps and/or uneven terrain. The embarkation/disembarkation points between ship and shore may present a challenge to some passengers. Facilities and services for passengers with disabilities may sometimes be limited or non-existent. Guests requiring special assistance must be accompanied by a person who is physically able to provide such assistance.

In fairness to other guests, transfers and shore excursions adhere to a set schedule and cannot be delayed to accommodate those with physical limitations. AmaWaterways and its affiliates are not responsible for any denial of services by airline carriers, cruise vessels, hotels, motorcoaches, local guides/operators or other independent suppliers.

## Medical Care

There is no doctor or nurse aboard your cruise. Please consult your physician prior to traveling if you have a medical condition that might pose limitations during your trip. Any medical condition requiring special attention must be reported to AmaWaterways at the time of booking.

## Handicapped Facilities

Your ship is not equipped with handicapped facilities such as ramps or elevators, and hallways and doorways may not be wide enough to accommodate wheelchairs or scooters. Motorcoaches, boats, and minibuses used for transfers and shore excursions also may not be handicapped accessible.

## Special Diets

Please let us know prior to your departure if you have any special dietary requirements (e.g. vegan, diabetic, gluten-free, etc). We will make every effort to accommodate your requests, with the resources available to us.

## Drinking Water

We recommend using bottled water for drinking and brushing your teeth when you travel to southeast Asia. A supply will be readily available onboard during your trip. If you have a meal in town on your own, ask that bottled drinks be opened at the table (to ensure purity) and refuse ice cubes. Drink often to avoid dehydration, too.

## Street Food

Please be cautious when sampling any food purchased from street vendors, as hygiene standards may be sub-par. It's best to avoid dairy products, salads, and any food that is uncooked or fruit that you have not peeled yourself.



# MONEY MATTERS

## Currency

Vietnam: Dong (VND)

Cambodia: Riel (KHR) and U.S. dollars (commonly used)

We suggest bringing some U.S. dollars in small denominations. Travelers checks are generally not accepted anywhere in Southeast Asia.

## ATM (Automated Teller Machine) and Credit Cards

ATMs are available in major cities throughout Vietnam and Cambodia, and the machines in Cambodia dispense U.S. dollars. Your ship does not have an ATM on board. Prior to travel, be sure to ask your bank about any applicable overseas transaction fees and/or restrictions.

Major credit cards (Visa, Master Card, American Express) are accepted in the major cities on your itinerary. Note that some shops and restaurants may require a minimum charge. Be sure to bring two credit cards, as some places may accept one type but not another. Before traveling, make sure your credit cards are activated and valid for at least 30 days after you return home. It's a good idea to let your credit card company know you may be using your card overseas, and to inquire about any transaction fees and/or restrictions.

*Ha Long Bay, Vietnam*



## TRAVEL ARRANGEMENTS

### Airport Security and Check-in

Please arrive at least three hours before international flights and at least two hours before domestic flights. This will allow ample time to check-in and get through Customs and TSA security check points.

### In-Flight Comfort

- Wear loose-fitting clothing and comfortable shoes.
- Avoid caffeine, alcohol and carbonated drinks; drink plenty of water; and eat lightly.
- Ease pressure in ears by chewing gum, yawning, swallowing or gently blowing your nose.
- Walk up and down the aisle to stretch your limbs and get blood circulating.
- Do a few isometric exercises while seated.
- If you are due to arrive in Asia in the a.m., try to sleep during your flight so you can stay up until evening.
- Avoid wearing contact lenses during your flight, as re-circulated air tends to dry them out.

## TRANSFERS

### International Airport Transfers (Arrivals)

If you have a pre-arranged transfer provided by AmaWaterways, please collect your luggage upon arrival and proceed through Immigration and Customs. Head to the meeting place (see info/maps on the following pages) where you will be met by an AmaWaterways representative holding an “AmaWaterways” sign.

### International Airport Transfers (Departures)

If you have a pre-arranged transfer provided by AmaWaterways, you will be notified of your pick up time the last day of the tour. Passengers without a pre-arranged transfer can contact the hotel concierge to schedule a ride to the airport by taxi or other local transport.

### Cruise Only Guests/Guests with Their Own Transfer Arrangements

If you do not have a transfer provided by AmaWaterways, please make your own way to the hotel indicated in your detailed itinerary.

# AIRPORT INFORMATION

## Hanoi International Airport (HAN)

Hanoi Airport is located approximately 28 miles from the city center.

Meeting place: In front of the airport information desk, located outside of the exits of Gates A1 and A2. A representative holding an “AmaWaterways” sign will be waiting.

Airport transfer emergency contact number:  
+84 985 390 947 (local dial 09085 390 947)

There is no AmaWaterways Welcome Desk at this airport.



## Bangkok Suvarnabhumi Airport (BKK)

Suvarnabhumi Airport is located approximately 19 miles east of the city center.

Meeting place: In the Arrivals Hall, where a hotel representative will be waiting with a “Sofitel Bangkok Sukhumvit Hotel” sign. Please proceed towards the nearest exit to Gate 5.

Airport transfer emergency contact number:  
+66 81 890 9098 (locally dial 081 890 9098)

There is no AmaWaterways Welcome Desk at this airport.



## Departure Transfers

If AmaWaterways arranged your departure transfer, you will be notified of your pickup time by your Cruise Manager.

If you do not have a prearranged departure transfer, please make your own way to the hotel or airport indicated in your detailed itinerary.

## Saigon International Airport (SGN)

Saigon Airport is located approximately 5 miles from the city center.

Meeting place: Outside the Arrival Terminal at pillar #14 in front of Burger King restaurant. A representative holding an “AmaWaterways” sign will be waiting. Please proceed to your right and meet your driver at pillar #15.

Airport transfer emergency contact number:

+84 93 846 9196 (local dial 093 846 9196)

There is no AmaWaterways Welcome Desk at this airport.



## Siem Reap Angkor International Airport (REP)

Siem Reap Airport is located approximately 5 miles from the city center.

Meeting place: Outside the Arrivals Exit. A representative holding an “AmaWaterways sign will be waiting.

Airport transfer emergency contact number:  
+855 17 222 696 (local dial 017 222 696)

There is no AmaWaterways Welcome Desk at this airport.



### Late or Missed Flights

If you miss a flight, immediately advise an airline representative that you are a cruise passenger bound for a specific location/date/time to meet your ship. If your flight is cancelled, await instructions from the airline regarding alternate travel arrangements.

### Delayed Baggage

Baggage can sometimes be delayed during air transport. Pack a change of clothing in your carry-on bag or your traveling companion's bag just in case. Place a copy of the hotel and ship contact info inside each piece of checked luggage, as this will help the airline locate you should your bags be delayed. Please note that it is the responsibility of the airline to deliver any delayed bags to you. Claims for reimbursement for delayed luggage should be submitted directly to the airline. Fill out a claim form at the appropriate airline desk before leaving the airport.

### Visas

Visas can be purchased at the Siem Reap airport visa counter. You will need cash (U.S. dollars) and an extra passport photo.

## LAND PROGRAMS

### Hotel Arrival & Departure Information

The official check-in time is 3:00 p.m. local time. If your flight arrives in the morning, your luggage can be dropped off at the hotel before check-in and delivered to your room later.

Check-out times vary but are typically between 11:00 a.m.-12:00 noon. If you have a late afternoon or evening flight, most hotels have a room where you can store your luggage until you depart for the airport.

## HOTEL CONTACT INFORMATION

**Please refer to your cruise vouchers to verify which hotel you are staying at.**

### HANOI

Sofitel Legend Metropole Hanoi  
15 Ngo Quyen Street  
Hoan Kiem District,  
10000 Hanoi, Vietnam  
Tel: +84 (4) 3826 6919  
[www.sofitel.com](http://www.sofitel.com)

### SIEM REAP

Sofitel Angkor Phokeethra Golf & Spa Resort  
Vithei Charles De Gaulle  
Khum Svay Dang Kum  
Angkor, 1010 Siem Reap, Cambodia  
Tel: +855 (63) 964 600  
[www.sofitel.com](http://www.sofitel.com)

### HO CHI MINH CITY

Sofitel Saigon Plaza  
17 Le Duan District 1  
Ho Chi Minh City  
70000 Vietnam  
Tel: +84 (8) 3824 1555  
[www.sofitel.com](http://www.sofitel.com)

### BANGKOK:

Sofitel Bangkok Sukhumvit  
189 Sukhumvit Road Soi 13-15  
Klongtoey Nua Wattana  
10110 Bangkok, Thailand  
Tel: +66 2 126 9999  
[www.sofitel.com](http://www.sofitel.com)





*AmaDara*

## EMBARKATION / DISEMBARKATION

### **Embarkations Scheduled for Prek Kdam**

(from Siem Reap to Ho Chi Minh City)

Meet at the AmaWaterways Welcome Desk at the royal court of the Sofitel Angkor Phokeethra Golf & Spa Resort at 9:30 a.m. A motorcoach will pick you up at 9:30 a.m. to transport you to your ship at Prek Kdam. This trip will take about 6 hours.

### **Embarkations scheduled for Ho Chi Minh City**

(from Ho Chi Minh City to Prek Kdam)

Meet at the AmaWaterways welcome desk in the lobby of the Sofitel Saigon Plaza between 11:30-12:00 p.m. You will then be transferred to the ship, which moors at My Tho Port.

### **Disembarkations Scheduled for Ho Chi Minh City (My Tho Port)**

(from Prek Kdam to Ho Chi Minh City)

Disembarkation time is 9:30 a.m. at My Tho Port. You will be transferred to the Sofitel Saigon Plaza in Ho Chi Minh City.

### **Disembarkations scheduled for Tonle Sap Lake**

(from Ho Chi Minh City to Prek Kdam)

Disembarkation time is 9:30 a.m. You will then be transferred to the Sofitel Angkor Phokeethra Golf & Spa Resort by motorcoach. This trip will take 6 hours.

### **Border Crossing Points**

You will need this information for your visa applications:

Cambodia - Kaoam Samnor

Vietnam - Thuong Phuoc

# ON BOARD YOUR CRUISE

## Reception

Should you need any assistance during your cruise, please contact the ship's reception desk.

## Onboard Staff

The onboard staff consists of 50 crew members. Key English-speaking personnel include the Cruise Manager, Hotel Manager and the reception desk.

## Smoking

Smoking is not permitted anywhere inside the ship, only outside on the Sun Deck.

## Ship Schedule

Your ship will promptly depart each port of call according to its cruising schedule. We are unable to delay departure for passengers who may not be back on board. Unless you are on a shore excursion accompanied by an AmaWaterways-appointed guide, you will need to make your own way back to the ship at a subsequent stop. AmaWaterways is not liable for any costs incurred if you miss the ship's departure for any reason.

## Settling Your Bill Onboard

The day before your cruise ends, you will receive an invoice for any charges you've made since boarding the ship. Please make sure all charges are correct before settling your account at the reception desk. All onboard charges are in Vietnamese Dong and may be paid in cash (USD or Vietnamese Dong) or with Visa, Master Card or American Express; pre-paid credit cards are not accepted. Your credit card company will convert your onboard charges into your home country's currency at the current exchange rate and service fees may apply. Please note that your onboard charges will not be referenced as "AmaWaterways Los Angeles" on your credit card statement, as cards are processed in Vietnam.

## Gratuities

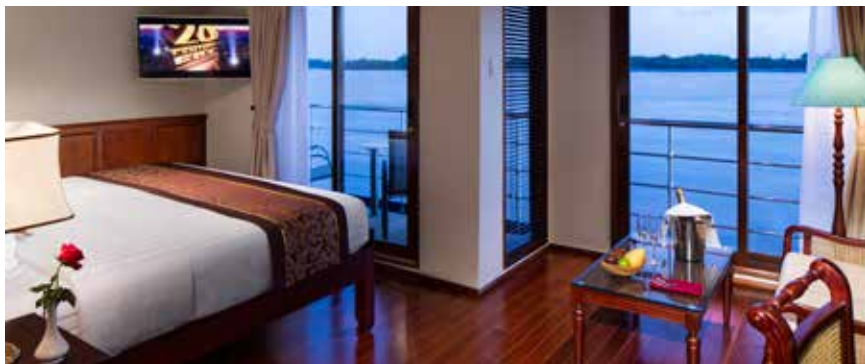
Gratuities are not included in the brochure price. Some general tipping guidelines:

### PRE- AND POST-CRUISE

Tour Manager:	\$2 per person per day
Local Guides:	\$1 per person for each half-day tour \$2 per person for each full day tour
Bus Drivers:	\$.50 per person for each half-day tour \$1 per person for each full day tour

### CRUISE

Cruise Manager:	\$2 per person per day
River Guides:	\$2-\$3 per person per day for shore excursions
Crew:	\$10 per person per day



*Suite, AmaDara*

## STATEROOM INFORMATION

### **In-Room Entertainment**

Each stateroom has a 22" flat-panel screen that features a movie channel.

### **Telephone**

Each stateroom has a telephone that may be used to make calls within the ship.

### **Climate Control**

All staterooms are equipped with air conditioning with individual climate control. Please note that in some staterooms the exterior climate control unit may take up a portion of the outside balcony. It takes about 20 minutes to completely cool your room.

### **Electricity**

The electricity onboard is 220v/50hz with U.S.-style (2-prong) power outlets. You may need an adapter and converter depending on your particular appliance(s).

### **Amenities**

Each stateroom provides bathrobes, slippers, a hair dryer, soap, body wash, and conditioning shampoo.

### **Water**

All water onboard is purified and filtered, suitable for washing. We do not recommend drinking the tap water. Complimentary bottled water will be provided to you daily for drinking and brushing your teeth.

### **Safe**

All staterooms are equipped with a safe. We recommend placing your passport and other valuables in the safe whenever you are away from your room.

# ONBOARD FACILITIES

## Medical Facilities

There is no doctor or nurse aboard your cruise. In the event you need medical assistance, the closest medical facility will be contacted. We strongly urge you to obtain adequate travel insurance to cover any medical treatment and/or medical evacuation while overseas.

## Fitness Room & Pool

Your ship has a fitness room with basic exercise equipment. There is also a refreshing pool located on the Sun Deck. Please note there is no attendant on duty and use of these facilities is solely at your own risk.

## Gift Shop

The gift shop has a selection of accessories, souvenirs and gifts. Please contact the reception desk for the hours of operation.

## Laundry

Onboard laundry services are available for a fee. A price list can be found in your stateroom. Please note that clothes cannot be dry cleaned onboard.

## Library

The ship has a small collection of books and games that you are welcome to borrow free of charge. Please return books before the end of the cruise. Book donations are always appreciated!

## Sun Deck

The Sun Deck has lounge chairs and a pool. For safety reasons, there may be times when access to the Sun Deck is restricted, such as late evening or during inclement weather.

## Saigon Lounge

Your ship has a large, comfortable lounge with a full-service bar on the upper deck. This lounge serves as a gathering spot for announcements, lectures and entertainment.

# SHORE EXCURSIONS

## Daily Activities

The ship's Daily Program contains updated information about each day's scheduled activities, shore excursions, tour departure times and more. It is available at the reception desk.

A sightseeing tour is included at each location on your itinerary. These tours can involve walking and/or travel by motorcoach or a small boat. Each tour is led by a qualified English-speaking local guide. Note that scheduled activities and tours are always subject to change, particularly in the event of low water levels or inclement weather.

## Religious Site Visits

**When visiting religious sites, we kindly ask guests to be respectful of the local culture and its customs. Shoulders and knees should be covered, and some sites may require you to remove your shoes upon entry. Shoes that can be easily slipped on and off are useful during these excursions.**

## Village Visits

You will not encounter many begging children on your trip. Please help keep it this way by not giving any money to children. A better alternative would be something from a faraway place, e.g., postcards, small notepads or other school supplies, small personal hygiene products, etc. These items should not be given to any individual child or family – instead, ask your guide to give them to a village elder or the local school.

## Safety Tip

As in many touristic destinations, pick-pocketing is something to remain vigilant of while traveling worldwide. It is not advisable to have passports or other valuables (i.e. jewelry, money) on your person during excursions. Whenever possible, valuables should be kept in the safe available in your hotel room or stateroom. Stay alert while venturing out on your own or in the evening, especially if traveling solo.

## FOOD & DRINK

All meals onboard are included in the brochure price and are served in the dining room in a single seating. Open seating allows you to sit wherever you wish and to meet fellow passengers. Table reservations are not accepted.

Meals are prepared by our executive chefs and offer a choice of Western or Asian cuisine. Breakfast and lunch are served buffet style, and dinner is a multi-course meal with a selection of entrées.

Complimentary bottled water, soft drinks, juices, house brand spirits, local beers, coffee and tea are available at anytime throughout the cruise. These beverages are also available during meals along with unlimited fine wine. Premium wine and brand name liquor are also available for purchase.

## SAFETY PRECAUTIONS

### Embarkation & Disembarkation Points

There are very few proper embarkation/disembarkation points along the Mekong River. You may need to embark or disembark via a narrow gangway or a local tender boat, or occasionally cross a dirt- or grass-covered surface to reach the ship. Our helpful and friendly staff will always be on hand to assist you.

### Motorcoaches and Tender Boats

To avoid injury, please remain seated whenever riding in a motorcoach or small boat. Day packs and other personal items should be stowed in the overhead racks or under your seat to keep the aisles clear. Heavy or fragile items should never be stored overhead. Do not leave any valuables behind during sightseeing tours. Please watch your step when exiting any vehicle or tender boat and always check for oncoming traffic. All guests must wear lifejackets anytime they are in a tender boat. AmaWaterways reserves the right to prevent any guest refusing to comply with this requirement from participating in the scheduled excursion.

### Moving About On Board

Please exercise caution when moving around the ship, especially when it is in transit and/or when you are navigating wooden stairs and floors.

# AMAWATERWAYS SCHOOL PROJECT IN CAMBODIA

AmaWaterways is very proud to provide financial support to the ODA Free Village English School in the Siem Reap province of Cambodia. This school helps local children improve their English language skills and broaden their future employment opportunities. Surrounded by the famous temples of Angkor, residents of the area rely primarily on tourism. Guests touring the Angkor Archeological Park as part of their Cruise & Land itinerary will have a chance to visit this school during an excursion to the nearby Banteay Srei temple. Many of our guests are profoundly touched by the friendliness of the local children and wish to contribute something to their education. If you wish to bring some items from home to donate to the school, here are a few suggestions: Very simple story books with lots of pictures, UNO cards, wooden jigsaw puzzles, pencils with erasers, jumbo felt tip pens, dry erase markers, highlighters, Post-It notes, small notebooks, building blocks, toothbrushes, and small tubes of toothpaste, soap and shampoo.

*ODA Free Village English School, Cambodia*





## CONTACT INFORMATION

AmaWaterways representatives are available to help with any needs that may arise during your vacation. If for any reason you require assistance, please call the appropriate number below:

### **AmaWaterways Headquarters**

1-800-626-0126 or 1-818-428-6198

Monday-Friday: 6 a.m. - 6 p.m. Pacific Standard Time

Saturday: 7 a.m. - 1 p.m. Pacific Standard Time

## EMERGENCY CONTACT INFORMATION

In the event of a travel emergency please use the following numbers:

If you are still within the US or Canada, please call:

**1-818-428-6198 or 1-800-626-0126**

From Monday-Friday, 6 a.m. - 6 p.m. P.S.T.; and Saturday, 7 a.m. - 1 p.m. P.S.T.

Outside of these times please call the US emergency phone number:

**1-818-398-1921**

Emergency email address: [emergency@amawaterways.com](mailto:emergency@amawaterways.com) (Please put "EMERGENCY" in the subject line of your email.) Our Emergency email is monitored 24 hours a day.

### **Land Program and Transfers (24-hr emergency contact numbers)**

Cambodia: +855 17 222 696 (locally dial 017 222 696)

Vietnam: +84 985 390 947 (locally dial 0985 390 947)

OR +84 938 469 196 (locally dial 0938 469 196)

Bangkok transfers: +66 81 890 9098 (locally dial 081 890 9098)

Bangkok land program: +66 81 864 2828 (locally dial 081 864 2828)

### **AmaDara (24-hr emergency contact numbers)**

Cambodia: +855 882 087 005 OR +855 882 087 009

(locally dial 0882 087 005 OR 0882 087 009)

Vietnam: +84 909 813 525 OR +84 909 128 050

(locally dial 0909 813 525 OR 0909 128 050)

### **Telephone dialing instructions for international calls:**

Replace the "+" symbol with the international access number for the country you are in (e.g., for international calls from North America, dial 011+ country + city code + number)

## DOCKING LOCATIONS

Please note that in various ports the docking process may involve narrow walkways, local tender boats or dirt-covered paths. There may be times when multiple ships are tied together and views from your stateroom are temporarily restricted. These are typical situations beyond the control of AmaWaterways.

## DID YOU KNOW....?

- One of the world's most beautiful rivers, the Mekong is only river that changes direction twice a year. River cruise conditions also change with the seasons - the water level can rise significantly within just a few hours during the rainy Monsoon season and quickly drop during the dry season. The water level is often lower January-August and higher around September.
- The Mekong is a major trading route linking China's southwestern province of Yunnan to Laos, Burma (Myanmar) and Thailand, Vietnam and Cambodia.
- The Mekong is the world's 12th-longest river at 2,600 miles. It is the largest river in Southeast Asia.
- The earliest known civilization along the Mekong dates to the 1st century A.D. The first European to explore the river was Portugal's Antonio de Faria, in 1540.
- In 2009, 145 new species were identified in the Mekong region, including two new bird species, five mammals, 96 plants, six new amphibians, and 29 fish species previously unknown to science.
- The name Mekong derives from Mae Nam in the Thai language, meaning "Mother of Water."
- The Mekong has more large fish than any other river, including the Mekong giant catfish, which can weigh up to 660 lbs. and grows to be almost 10 feet."
- Glowing spheres of light are observable from time to time rising from the water's surface in certain parts of the river. These are sometimes referred to as "Naga fireballs" or "Mekong lights." The locals attribute the phenomenon to Phaya Naga, or "Mekong Dragons."



*Market vendor, Vietnam*

## TEMPERATURE CONVERSION

### HELPFUL METRIC CONVERSIONS

40 Celsius	=	104 Fahrenheit
35 Celsius	=	95 Fahrenheit
30 Celsius	=	86 Fahrenheit
25 Celsius	=	77 Fahrenheit
20 Celsius	=	68 Fahrenheit
15 Celsius	=	59 Fahrenheit
10 Celsius	=	50 Fahrenheit
5 Celsius	=	41 Fahrenheit
0 Celsius	=	32 Fahrenheit

1 kilometer (km)	=	0.62 mile (mi)
1 mile	=	1.609 kilometer (km)
1 centimeter (cm)	=	0.39 inches (in)
1 inch	=	2.54 centimeter(cm)
1 meter (m)	=	3.28 feet (ft)
1 foot	=	0.30 meter (m)
1 pound (lb)	=	0.452 kilogram (kg)
1 kilogram (kg)	=	2.20 lbs

# NOTES

---

# NOTES

---





[WWW.AMAWATERWAYS.COM](http://WWW.AMAWATERWAYS.COM)